

## The removal of impacted wisdom teeth.

(Please read carefully, sign and bring to your appointment)

While the removal of impacted wisdom teeth is quite common, it does not mean that the surgery is easy, or should be taken lightly. Wisdom teeth removal can be very simple or very complicated. The details of surgery are usually discussed at the pre-surgical consultation.

**Anesthetic and Pre-Op:** *Only if you are to have oral anesthetic or an oral anesthetic with nitrous-oxide combination administered during your procedure, you must follow these guidelines:*

- **No food or drink past midnight** the day of the surgery. If your surgery is in the afternoon, light breakfast (avoid fatty food) is allowed, but not later than 8 hours prior to your surgery time.
- **Water only** if necessary, may be allowed up to 3 hours prior to the surgery time, e.g. if your surgery is at 10:00 you cannot drink anything past 7:00, All patients may take their usual medications with a sip of water on the morning of surgery
- **No drinks containing alcohol** for at least 24 hours prior and post-surgery time,
- **No driving any vehicle OR operating hazardous machinery** for at least **24 hours post-surgery or longer if the drowsiness or dizziness persists.**
- We recommend **discontinuing herbals** at least 1 week pre-op due to the unknown composition of many formulations and the interaction potential with other medications, Make proper arrangements to leave the office either by a taxi or be driven back home in a private vehicle being accompanied by an adult other than a taxi driver at all times. **You cannot drive the vehicle yourself or use a transit bus after your surgery**

**Recovery Period:** Most patients having impacted wisdom teeth removed will require some recovery time. The average varies from four to seven days following surgery. Simple extractions require less time. Difficult surgery may require more time.

**Swelling and/or Bruising** are common after removal of impacted teeth. The swelling generally peaks after two to three days. It generally takes five to seven days to go away. This is normal part of the healing mechanism.

**Discomfort and Pain.** Pain is an individual thing, with great variation. It is usually well controlled with medication. The degree of pain depends on:

- a) the complexity of the surgery
- b) your general physical condition
- c) the presence of infection, prior to surgery,
- d) your adherence to post-operative instructions,
- e) your diligence in taking medications according to instructions.

**Bleeding.** Mild oozing of blood may occur for one to three days following surgery. This is a normal part of the healing process.

**Stiff jaws** are common for a week or so. Degree of opening may be limited.

### Potential Complications

**Numbness of the Lip, chin, tongue and teeth.** Sometimes in spite of all precautions, certain nerves can be bruised or touched during surgery. The chance of temporary numbness is about four percent. Permanent numbness is rare, occurring two to three times in one thousand cases. Altered sensation can also occur.

**Opening into the upper sinus.** This is rare and generally heals on its own.

**Adjacent teeth** could be weakened. Large fillings or caps could be loosened. This is usually the result of having a wisdom tooth that is tightly positioned against the adjacent tooth.

**Infection** occurs rarely. It is more likely when infection has been present prior to surgery. Food entrapment in the wisdom tooth socket can also cause infection. Antibiotics are prescribed if infection occurs; in most cases no further treatment is required.

I have read the above information and understand the procedure and associated risks.

I consent to have Dr. Mark Cicci remove the following teeth \_\_\_\_\_.

Patient Signature \_\_\_\_\_

Name (Print) \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_